



TOP TIPS FOR NAVIGATING THE NBME[®] INSIGHTSSM DASHBOARD FROM MELS

Understanding the complexities of assessment results and translating them into an effective study plan can be difficult. However, since the launch of the NBME INSIGHTS dashboard, the Medical Education Learning Specialists (MELS) group has been exploring how to better interpret assessment data to make it approachable and actionable for students.

Below are some of their top tips to help maximize your study time using INSIGHTS. Sign in to your [MyNBME[®] Examinee Portal](#) to explore the INSIGHTS dashboard!

- 1.** Use INSIGHTS early! Don't wait until you're preparing for Step 1 or Step 2. Explore all tabs and drop-down menus to familiarize yourself with all available features.
- 2.** Pay attention to flagged content areas. A flag symbol indicates the largest content areas in which your performance was statistically lower in relation to the national comparison group. These flags can be used to help guide your study plans.
- 3.** Filter questions within categories to better understand the types of questions you're answering incorrectly. This will help you address specific concerns more efficiently.
- 4.** Review multiple Self-Assessments simultaneously. Filter for questions in a content area and review incorrect answers across several assessments, not just your most recent assessment.
- 5.** Investigate your pacing by looking at the Time (Sec) column in Question Details to see how much time you spend on each Self-Assessment question.
- 6.** Export your results to share with advisors ahead of meetings as they do not have access to INSIGHTS. Filtering and exporting a spreadsheet may make it easier to sort topics.
- 7.** Search by additional key terms that may appear across multiple systems (e.g., neoplasia) to identify potential conceptual weaknesses.
- 8.** For Step 1 study, filtering by systems and sorting by correct/incorrect responses can effectively highlight weaknesses. For Step 2 study, examining physician tasks (e.g., Health Maintenance) may offer additional information on system weaknesses.
- 9.** INSIGHTS allows you to review your score reports and Self-Assessment questions in PDF format. For security, these hyperlinks expire after 2 hours. Log out and log back in to refresh expired hyperlinks.
- 10.** Incorporate INSIGHTS into your learning process! If you receive a low equated percent correct (EPC), do not review questions one by one. Instead, use INSIGHTS to identify key topic areas that need attention and carve out additional study time. Later, take a different form of the same self-assessment so that you can compare your progress and further examine your correct vs incorrect responses.

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